



# ARMY OneSource

## BUILDING MILITARY-COMMUNITY PARTNERSHIPS

Building awareness within communities of the concerns, needs, and everyday demands of Military life on Service Members and their Families

Over 1.6 million men and women have served in Operation Iraqi Freedom and Operation Enduring Freedom to date. Almost half of those Service Members are married, and almost half have dependent children--the majority 5 years old and younger.

Army OneSource is proud to announce a community outreach program, supported by the U.S. Army, to raise awareness of the unique challenges of military life that confront our Service Members and their Families and to address the growing demand for Behavioral Health services.

In today's unique combat situation--where there is no front line and constant vigilance must be maintained on the ground, where individuals are serving as many as four deployments that are longer in duration than in the past, and where Service Members and Families are asked to give more because of our all-volunteer Military...we're learning that, "**The wounds of war are not limited to the battlefield.**"

Army OneSource has launched a formal campaign to encourage civilian and Behavioral Health Providers to complete a **FREE** online course in the series titled, "Treating the Invisible Wounds of War." This series of courses was designed to help primary care physicians, case workers, mental health providers and other professionals – who may see a veteran or family member on an unrelated issue – develop a better understanding of the culture which Service Members and Veterans, as well as their Families, live and work. The course provides some of the best practices for identifying, assessing and treating Behavioral Health problems that may result from the trauma of war.

In addition to supporting our mission, those who complete the course will:

- receive a poster to display in their offices inviting Service Members and their Families to talk to a health professional about any troubling symptoms,
- receive a Certificate of Completion suitable for framing
- be eligible for 3 **FREE** Continuing Education Unit (CEU) Credits

### INSTRUCTIONS:

From your browser, go to [www.aheconnect.com/citizensoldier](http://www.aheconnect.com/citizensoldier)

STEP 1: Click on the **New Users** tab at the top of the screen

STEP 2: Create a personal user account following the instructions on the screen

**\*\*NOTE:** Be Sure to enter your **Army OneSource referral code: AOSla001** in the space provided

STEP 3: **Login** to the system with your new ID and password.

STEP 4: Click on the **Courses** tab at the top of the screen

STEP 5: Select a Course you wish to complete

STEP 6: Click on **Register**

Once you complete the course, your CEU will be recorded and you will have access to download and print a Certificate of Completion.

Thank you for your Support!

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