



- ◆ Vocational Resources
- ◆ Housing Resources
- ◆ Independent Living
- ◆ Mentoring
- ◆ Incentives
- ◆ Mandatory Fun
- ◆ Medication Support



**Designing your future!**  
**The Forte Academy**



**Sutter-Yuba Mental Health**

Forte Academy  
 Transition Age Youth Program  
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**Forte Academy** 



A program of the Mental Health Services Act

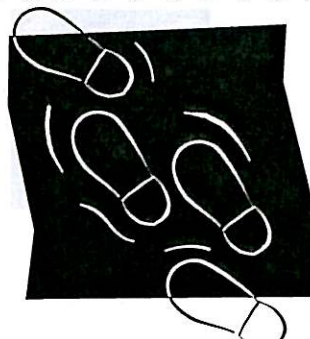


# TAY The Transition Age Youth Program

**The Goal** is to assist young people between the ages of 16 and 25 with severe mental illness or emotional disturbance which results in significant social, emotional, educational, and/or occupational impairments, to improve the overall quality of their lives, as well as reducing negative psychiatric symptoms. We hope for them to successfully transition to adulthood, living in a setting of their choosing, and engaged in meaningful activity such as work, school, or volunteering. We have a particular focus on the instillation of hope, wellness, recovery and resiliency. Exposure to new ideas, activities, places and ways of being are greatly emphasized. Our goal includes reducing incarceration, homelessness, and psychiatric hospitalization.

**Serving** youth who are homeless, gang-involved, aging out of the foster care/probation/youth mental health systems, young

women with self-harming, high-risk behaviors, those with co-occurring mental health and substance abuse disorders, and youth whose cultural



**“Rollin’ In, Tunin’ Up and Rockin’ Out,” TAY students are on the move!**

identity places them in underserved populations within our community are appropriate candidates for the TAY program. In order to provide intensive services, the capacity is limited. We have an on-going waiting list. Referrals come from Mental Health, Child Protective Services, Probation, the Department of Rehabilitation and we also have self-referrals.



## “Whatever it Takes” Supportive Services

- ⇒ Intensive Case Management
- ⇒ Vocational Resource Specialist
- ⇒ Peer Mentoring
- ⇒ Therapy
- ⇒ Housing Resource Specialist
- ⇒ Medication Management
- ⇒ Independent Living Skills classes 4 times weekly at the Forte Academy
- ⇒ Substance Abuse services
- ⇒ 24/7 on-call emergency phone access to staff

## Engagement and Motivation

To encourage attendance and participation in the classes and program, we offer an incentive. For every class the student attends, they earn five “TAY Bucks”. Every Friday is payday where they can cash in their earned TAY bucks for a variety of gift cards to stores, restaurants and activities in the community.

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