

FRED FINCH YOUTH CENTER

Welcome to Fred Finch Youth Center, where people from all backgrounds are invited to address life challenges in a safe and compassionate environment. We are devoted to building relationships with people who have complex lives that may include drug and alcohol use.

We are passionate and thoroughly committed to helping you and your family lead happier and healthier lives.

Division Director for TAY Services
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HOUSING & SERVICES FOR TRANSITION AGE YOUTH

COOLIDGE COURT APARTMENTS provides 18 studio units of permanent housing with onsite supportive services to young adults (18-24) with a chronic mental illness. Contact Charles Houston, 510.336.9250.

FULL SERVICE PARTNERSHIP PROGRAMS: Both the **Supportive Housing for Transition Aged Youth (STAY) Program** and the **Contra Costa Transition Aged Youth Program (TAY)** are Mental Health Services Act-funded programs that provide a comprehensive range of support services and housing options for young adults that have significant mental health disabilities, are homeless or at high risk of homelessness, and are unserved or underserved by the current system. The primary goals for the programs are to ensure that program participants have safe and permanent housing; are able to achieve their individualized, recovery focused goals; and are able to function as self-sufficiently as possible within their homes and communities.

- In Alameda County, the **STAY Program** provides services to 40 young adults (aged 18-24) in conjunction with our housing partner, Abode Services. Contact: Roger Daniels, LCSW, 510.485.5243.
- The **Contra Costa TAY Program** provides services for up to 90 young adults (18-25) in West Contra Costa County. We provide these services in conjunction with our partners. The Latina Center, Contra Costa Youth Continuum of Services/Greater Richmond Interfaith Project, and Contra Costa Mental Health. Contact: Diana Kurlander, LCSW, 510.439.3130 Ext. 103.

TURNING POINT is a transitional housing program for 18 homeless young adults (18-25) located at two sites in Berkeley. Onsite supportive services include mental health and substance abuse counseling, case management, job search and retention support, life skills coaching, and assistance finding permanent housing. Contact: Kellie Knox, MFT, 510.601.8966.

TRANSITIONS is a clinical case management program for Alameda County young adults (aged 16-21) who are aging out of care. Master's level clinicians provide mental health and case management services wherever the young adults are living, and link them to other needed services. Contact: DeVera Jackson-Garber, MFT, 510.667.7811.

PROGRAM PHILOSOPHY: The core tenets of FFYC's TAY programs are program participant self-determination and personal empowerment; program participant personal responsibility for their actions and choices; delivery of services that are team based, community oriented, and culturally competent; enhancing program participants' resiliency by building on hope; and assisting program participants with enhancing or developing a sense of social connectedness. Our hope is that when participants leave they will have the skills and stability to make choices that will maximize their chances of success, sense of normalcy, and self-efficacy.