

**California Mental Health Directors Association (CMHDA)  
Older Adult System of Care Committee  
Meeting**

**CMHDA  
2125 19<sup>th</sup> Street, Second Floor  
Sacramento, CA 95818**

# M E E T I N G R E P O R T

**Date & Time:** August 25, 2011, 10:00 am – 3:00 pm

**Attendees:** Heather Anders, *CMHDA*; Kirsten Barlow (via conf. line), *CMHDA*; Mary Ann Bennett, *Sacramento*; Maria Coronado (via conf. line), *San Bernardino*; Viviana Criado, *CEMHAC*; Janet Frank (via conf. line), *UCLA*; Michael Gardner, *CMHPC*; Bruce Gurganus, *Marin*; Ken Huntley, *Stanislaus*; Lynn Thomas (via conf. line), *Amador*; April Waldo (via conf. line), *Sierra*

## **Topics of General Discussion:**

- Review Recommendations from the WET Issue Paper and Develop 2010-11 Committee Accomplishments
  - Recommendations from the WET Issue Paper:
    - *1. Identify the age-specific training needs for persons working in the public mental health workforce with older adults to promote a coordinated, collaborative and cost effective approach to geriatric mental health training in counties, regionally and statewide;*
      - It was noted that CIMH has done some of this work with Heritage Clinics and webinars have been conducted.
      - In the bay area they are doing regional trainings and they will address older adults.
      - San Diego is providing a training for serving older adults.
      - Janet Frank noted that needs assessments for older adults are well defined.
        - The training could be done through continuing medical education.
        - Also, there is training for nursing home employees on identifying depression and the care that is needed.
        - In Kern County there was a lecture series on serving older adults.
        - It was noted that the Geriatric Education Center based at Stanford is focusing on depression recognition.
      - Maria Coronado noted that San Bernardino County takes advantage of the educational institutions.
        - They have also been involved with webinars.
        - A major issue for them is accessibility of services and transportation for older adults.
      - We need to frame older adults as part of the family structure.
    - *2. Identify opportunities within the framework of current and future county, regional and statewide MHSWA WET Plans (or Plans of other MHSWA funding components) to:*
      - *Support Mental Health and Aging specialty training for the existing mental health workforce;*
      - *Invite county mental health and system partners to participate in joint mental health and aging continuing education opportunities;*
      - *Promote geriatric specialization within mental health across disciplines in post-secondary education and stipend opportunities.*
        - System partners could be invited to participate in webinars and WET meetings.
        - It was noted that the Mental Health Planning Council invites area counties to meetings.

- There could be a webinar or training for Psychiatrists and Nurse Practitioners.
    - It was noted that Karyn Tribble, from the City of Berkeley, will be the CalSWEC representative on the CMHDA Governing Board.
    - Janet Frank suggested that the committee reach out to other Geriatric Education Centers in the state.
      - Dr. Frank agreed to be the connection to the other GECs, with Bruce Gurganus and Kimberly Mayer in the Bay Area.
    - It was suggested to look at the WET Coordinators in the different regions.
    - Also, it would be good to identify education that is available and the best practices for educational models
      - Portal of Online Geriatric Education ([www.pogoe.org](http://www.pogoe.org)) is a good resource.
      - It was suggested that it would be good to have geriatric mental health classes identified as beginner, intermediate and advanced.
    - It was noted that mental health and aging needs to get into the licensing exam and then once it is in there then it will be taught in school (for bullet #3).
    - It was suggested that one could inquire with the Board of Behavioral Sciences on whether or not they have any questions in their exam on geriatric mental health.
      - Bruce Gurganus and Mary Ann Bennett will inquire about this.
    - It was noted that New York and Washington have created legislation requiring training for people who work with older adults.
  - *3. Create a statewide “clearinghouse” for Mental Health & Aging Workforce Education/Training that includes the training resource information listed in Appendix V, to be updated as new training resources/opportunities are identified.*
    - Appendix V could be updated to include [www.pogoe.org](http://www.pogoe.org).
  - *4. Identify funding support for a Mental Health & Aging Training Specialist Consultant to provide technical assistance to CMHDA, the California Institute of Mental Health (CIMH), County MHSA WET Coordinators and Training Directors, the MHSA Regional Partnerships, the California Mental Health Planning Council (CMHPC) and the California Department of Mental Health and others to:*
    - *Promote the planning, coordination, implementation and oversight of Mental Health & Aging Specialty Training at the local, regional and statewide level;*
    - *Ensure coordination, cost effectiveness and efficiencies in the provision of geriatric specialty training.*
      - It was suggested that maybe the WET regional partnerships could pool some money for this type of position.
      - A grant could also be a possibility to fund this type of position, and Archstone Foundation could be a good source. Janet Frank will send information on Archstone to Bruce Gurganus.
        - Bruce Gurganus could include this information to the regional WET coordinators.
  - Develop 2010-11 Accomplishments
    - Heather Anders presented the draft list of accomplishments she had put together. It was suggested that Ms. Anders look at past meeting minutes to determine what else the committee accomplished this year.
- Update on WET Issue Paper
    - Geriatric Mental Health Course Development
      - Janet Yang reported that they have developed six webinars and they have two more to do and they may be able to do one additional webinar through another contract with CIMH.
      - It was reported that CIMH is not providing CEUs for the webinars. Bruce Gurganus will inquire with CIMH why CEUs are not being provided.
      - It was noted that they have received some feedback from the webinars, but nothing has been collated yet.

- Janet Yang will send Heather Anders information on the webinar titles.
  - Small County Project
    - Viviana Criado reported that they are in collaboration with CMHPC on this project.
    - This project's purpose is to assist in the development of workforce in the small counties, and they are working with UCLA on this project.
    - They are developing potential training and they will then discuss this with the small counties.
    - They will conduct a regional conference and a statewide conference.
- CMHDA Report
  - Report from the CMHDA Governing Board and All Directors Meetings
    - CMHDA is currently planning for the November Governing Board Retreat.
    - At the Governing Board meeting there was discussion of realignment for 2012-13.
    - At the All Directors Meeting there was a panel presentation on AB 109 and also a presentation on outcomes from the TAY program, STAY, based in Orange County.
  - Conference Planning
    - C4A Conference
      - Heather Anders read an e-mail update from Kevin Tsang on the conference.
        - Mr. Tsang reported that all the topics are in place and most of the speakers are confirmed.
        - There will be a 3-hour intensive presentation on care system integration
        - The 90 minute workshops will include:
          - Aging and spirituality
          - Archstone grant projects
          - Older adult advocacy and strategies
          - Suicide prevention
    - Sacramento County Conference
      - Heather Anders reported that Rosalind Garner recently sent her an updated flier for the conference, which is now posted on CMHDA's OASOC handouts web page.
  - Budget/Legislative Report
    - AB 1297
      - Kirsten Barlow reported that this bill made it out of the Senate Budget Appropriations Committee.
      - There are protections that State General Fund would not be hit by the elements in the bill.
    - Ms. Barlow also discussed the AB 114 workgroup and that CMHDA has representatives on this workgroup.
- CalMHSA Update
  - Mary Ann Bennett reported that at the last meeting there was a proposal to develop a workgroup.
- Association/Agency Reports
  - CMHPC
    - It was reported that Ann Arneill-Py is retiring from the Planning Council just before Christmas. The job advertisement for the Executive Director position will be out soon.
  - CEMHAC
    - Viviana Criado reported that Kimberly Williams, who runs a CEMHAC-like program in New York, will get a grant to build coalitions across five states. Ms. Williams will be at the C4A Conference this year.
    - Also, there will be a showing of a film at the C4A Conference, focusing on older adults.
    - CEMHAC is also in the process of finishing a membership packet.
    - Also, they continue to provide chronic disease management training.
- New Business
  - Michael Gardner reported that the NAMI Conference recently took place and a film, "Living with Schizophrenia" was showcased.

- Committee Housekeeping Business and Plan September's Conference Call Agenda
  - The next CMHDA OASOC Committee Conference Call is September 22, 2011, 1:00 pm – 2:00 pm.
  - Agenda for September's Conference Call:
    - Develop accomplishments from 2010-11
    - Discuss Upcoming Conferences
    - Budget/Legislative Report
    - CalMHSA Update
    - Committee Business
      - County Reports
    - Agency and Association Reports

**List of Recommendations/Decisions/Motions:**

- Minutes from the July 28, 2011 conference call were reviewed and approved.

**Task List:**

- Bruce Gurganus and Mary Ann Bennett will contact the Board of Behavioral Sciences to see if geriatric mental health is on the licensing exam.
- Heather Anders will update Appendix V of the WET Issue Paper to include [www.pogoe.org](http://www.pogoe.org).
- Bruce Gurganus will send an e-mail to the regional WET coordinators about some of the recommendations from the WET Issue Paper.
- Heather Anders will look through past meeting minutes to see what else can be added to the 2010-11 accomplishments.
- Bruce Gurganus will inquire with CIMH why CEUs are not being provided at the Geriatric Mental Health Course Webinars.
- Janet Yang will send Heather Anders information on the webinar titles.

**The next Committee Conference Call for the Older Adult System of Care Committee will be held:**

**September 22, 2011**

**1:00 pm – 2:00 pm**

**The conference call line will be distributed via e-mail**