

**California Mental Health Directors Association (CMHDA)
Older Adult System of Care Committee
Meeting**

**CMHDA
2125 19th Street, Second Floor
Sacramento, CA 95818**

M E E T I N G R E P O R T

Date & Time: February 24, 2011, 10:00 am – 3:00 pm

Attendees: Heather Anders, *CMHDA*; Lin Benjamin, *CDA*; Maria Coronado (via conf. line), *San Bernardino*; Viviana Criado, *CEMHAC*; Maria Fuentes (via conf. line), *Santa Clara*; Michael Gardner, *CMHPC*; Rosalind Garner (via conf. line), *Sacramento*; Bruce Gurganus, *Marin*; Denise Hunt, *Stanislaus*; Ken Huntley, *Stanislaus*; Cynthia Jackson, *Center for Aging Resources/Heritage Clinic and CCCMHA*; Brock Kolby (via conf. line), *Calaveras*; Patty Lyons, *Marin*; Joe Sebastian, *Riverside*; Kevin Tsang, *Los Angeles*;

Topics of General Discussion:

- Presentation on Adult Day Health Care
 - Jill Yungling came and reported on adult day health care and the programs available at Eskaton, an adult day health center.
 - Ms. Yungling noted that they try and maintain a person's independence into their later years.
 - Adult day health is a skilled nursing facility without beds.
 - They can offer maintenance therapy (physical and occupational therapies) and they have a fall prevention program.
 - They have a community care center.
 - There is a threat to eliminate adult day health care services.
 - It is getting harder to find physicians who take Medi-Cal.
 - If 13% of adult day health folks go to skilled nursing facilities (SNFs), then all of the savings go too.
 - Federal health care reform is pushing for exactly what adult day health care provides.
 - Heather Anders will include a link to CAADS on the OASOC handouts web page.
- Discuss Presentations from the November OASOC Meeting
 - At the November OASOC Meeting the following presentations took place:
 - Archstone – They want to fund a small project for older adults in southern California (Archstone is based in So. California).
 - They wanted to look at serving older adults with depression.
 - CA Elder Justice Workgroup – This is funded by Archstone and they are focused on fighting elder abuse.
 - Jewish Family Services of Los Angeles – It was noted that they had a grant that was coming up for termination.
- Update on WET Issue Paper
 - Geriatric Mental Health Course Development
 - Cynthia Jackson noted that we are waiting on CIMH in terms of this project.
 - The committee noted that they would like to know what is being done on this project.
 - Since Sabine Whipple was unable to attend the meeting, the committee will request a written update from her.

- Denise Hunt will bring this issue forward to the CIMH Board.
 - Small County Project
 - Viviana Criado discussed the project and distributed information to the committee.
 - Brian Keefer is planning to present on this to the small counties.
- CMHDA Report
 - Report from the CMHDA Governing Board and All Directors Meetings
 - It was noted that AB 3632 is proposed to be realigned to the counties, but the counties have not been paid by the state.
 - Out of home placement would be the schools' responsibility – this was decided by a Sacramento court.
 - It was noted that a survey went out to counties on implementation of Laura's Law. It was noted that some counties are pursuing this.
 - Since Denise will be retiring at the end of March we will need to find a new co-chair for the committee.
 - At the last Governing Board meeting we had a conversation with the MHSOAC Commissioners and staff about MHSA data.
 - MORS Project – Development of Survey
 - Heather Anders reported that she had developed a survey which would go out to counties, asking if they would be interested in being a part of the MORS project for older adults and if they would be able to contribute a portion of the money needed to do the inter-rater reliability study. Ms. Anders will get the survey out to the counties very soon.
 - Budget/Legislative Report
 - The committee discussed the recent Department of Finance letter which stated that the MHSA positions at the different state departments are proposed to be eliminated.
 - Bruce Gurganus and Denise Hunt will take some strong support for the CA Department of Aging position to the Governing Board and we can then see what CMHDA is willing to do.
 - Conferences
 - It was decided that the CMHDA OASOC Committee will continue to partner with Sacramento County on their OASOC conference and will also partner with C4A on their conference.
 - Rosalind Garner reported that Sacramento will have their 31st Annual Mental Health and Aging Conference and the theme is financial abuse and the effect on the aging brain. The conference will be held October 20th at the Elks Lodge in Sacramento.
 - C4A Conference – The committee agreed that partnering with C4A for the conference last year was a good idea.
 - Lin Benjamin and Viviana Criado will participate in the conference planning.
 - Patty Lyons will ask the Bay Area group if anyone would be willing to volunteer on the planning committee.
 - Barbara Mitchell will see if anyone from the Southern California area can also volunteer.
 - It was noted that there will also be an Orange County older adult conference.
- Update on CalMHSA
 - It was noted that there is \$14 million available for statewide projects.
 - The RFPs are out for all three projects and CalMHSA is looking for reviewers.
 - There is a strategic planning meeting scheduled for March 10th and 11th.
- Report from the CalSWEC Aging Initiative Stakeholder Meeting
 - Lin Benjamin reported that there was a meeting yesterday and the WET issue paper was distributed.

- Regional Reports
 - Los Angeles
 - Kevin Tsang reported that they had a good outcome from a local conference on memory loss. Mr. Tsang will send Heather Anders a flier for the conference.
 - In partnership with Pacific Clinics they are doing a public speaking class for consumers and family members (and some representatives from housing agencies).
 - Bay Area
 - Patty Lyons reported that they are trying to keep the regional OASOC group afloat.
 - Central
 - It was noted that they do not have older adult specific meetings.
 - Ken Huntley reported that for National Depression Screening Day last year they did 250 assessments across the span of a couple of weeks in Stanislaus County.
 - Southern California
 - It was noted that Orange County may begin leading the regional meetings.

- Association/Agency Reports
 - CCCMHA
 - Cynthia Jackson reported that they are following the ongoing saga of Short Doyle Medi-Cal II.
 - Also, older adult issues are rising to the surface in CCCMHA. A lot of the provider agencies probably have older adults in their programs.
 - CMHPC
 - Michael Gardner noted that they could be affected by the proposed MHSA cuts as they would be cut by 60% (they would go from 9 positions to 4).
 - Right now they are focused on strategic planning for the Planning Council.
 - CDA
 - Lin Benjamin discussed a recent presentation that she gave at the MHSAOAC. The presentation was on the review of PEI in the counties and Denise Hunt was one of the panel presenters. There was also a presenter from the Area Agencies on Aging.
 - CEMHAC
 - It was noted that Lin Benjamin received an award from CEMHAC.
 - CEMHAC is working on capacity building, chronic disease management, and some other projects.
 - They have also started a needs assessment.
 - They have conducted their first focus group and the results will be reviewed by USC.

- Committee Housekeeping Business and Plan March's Conference Call Agenda
 - The next CMHDA OASOC Committee Conference Call is March 24, 2011, 1:00 pm – 2:00 pm.
 - Agenda for March's conference call:
 - Identify 1 or 2 goals related to the WET paper
 - 1115 Waiver Update (invite Don Kingdon)
 - Discuss Upcoming Conferences
 - Find a C4A Liaison
 - Review Results of MORS Survey
 - WET Issue Paper Update
 - Geriatric Mental Health Certificate Program
 - Small County Project
 - CalMHSA Update
 - Report from the CMHDA Governing Board and All Directors Meetings

- Results of discussion of MHSA funded position at CDA
- Committee Business
 - County Reports

List of Recommendations/Decisions/Motions:

- Minutes from the January 13, 2011 conference call were reviewed and approved.

Task List:

- Heather Anders will include a link to CAADS on the OASOC handouts web page.
- Sabine Whipple will be requested to do a written update on the Geriatric Mental Health Course.
- Denise Hunt will bring the issue of the Geriatric Mental Health Course Development forward to the CIMH Board.
- Kevin Tsang will send Heather Anders a flier on a Los Angeles area conference on memory loss, for distribution to the committee.

The next Committee Conference Call for the Older Adult System of Care Committee will be held:

March 24, 2011

1:00 pm – 2:00 pm

Conference Line Information Will Be Available Via E-mail