

County of San Bernardino - Department of Behavioral Health



Promoting Wellness, Recovery and Resilience

Achieving Success:
**DBH & PROBATION
COLLABORATIVE SERVICES**

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Five key concepts you should be able to take with you:

- ▶ Our goal is to encourage recovery, resiliency and wellness at all times for all individuals (juveniles and adults)
- ▶ Communication is key with integrated services: everyone needs to speak the same language
- ▶ Respect each other's institutional culture
- ▶ Keep an eye on the big picture
- ▶ Listen to your boots on the ground



Who we are and what we do

DEPARTMENT OF BEHAVIORAL HEALTH

The County of San Bernardino Behavioral Health Programs strive to be recognized as a progressive system of seamless, accessible and effective services that promote prevention, intervention, recovery and resiliency for individuals, families and communities.



PROBATION DEPARTMENT

To protect the community through assessment, treatment and control of adult and juvenile offenders by providing a range of effective services based on legal requirements and recognized professional standards.



“Big Picture” concepts:

As collaborative agencies, DBH and the Probation Department provide onsite and after care services merging mental health treatment and law enforcement needs & compliance. In general, DBH provides clinical services such as assessment, evaluation, alcohol and drug treatment and individual therapy.

Probation Officers (PO) assist in the assessment process and provide monitoring and case management services. PO's assesses suitability for potential admissions, eliminating those with violent and sexual crimes and they draw up the terms and conditions for probation including the DBH treatment for court approval. PO approve residential placements (with DBH's assistance) and random urine analysis testing for drug use.

Most importantly, PO attend treatment team meetings with DBH staff to have effective communication and treatment consistency.



These are our integrated goals:

- In our work we strive to address and treat the co-occurring (mental illness + drug addiction) needs of the unserved and underserved individuals
- We do so by developing services and supports for these individuals and their families
- It is very important to us to ensure our programs are based on “Best practices”
- We embrace and utilize innovative approaches for after care services



These are our integrated goals:

- We work towards reducing hospitalizations
- We do all we can to prevent recidivism back to Juvenile Hall
- A big focus is to reduce out-of-home placements: we want folks to remain with their families
- Lastly, we want to strengthen the relationships between the individuals and their families for optimum wellness



How DBH and Probation work together in providing services to incarcerated juveniles

- Probation officers and DBH therapists staff the integrated services program
- Probation and DBH meet weekly for a multidisciplinary team meeting to review difficult juvenile cases
- Probation officers screen individuals when they come into intake using the evidence-based tools (MAYSI-2).
- Probation Department provides nurses provides medical screenings
- DBH clinicians review findings of medical screenings and MAYSI-2 scores & triage all individuals within the first 14 days
- DBH refers appropriate cases to the DBH Psychiatrists
- DBH, Probation, and locked facility staff, collaborate to ensure individuals are safe (i.e. suicide watch, possible decompensation and 5150 vigilance)



This is how we work together upon release

Upon release, both DBH & the Probation Department continue to work together by coordinating after care programs that assist in a smooth transition back into the community.

As such, both the Probation Department and DBH meet in a multidisciplinary setting to establish individual case planning, home visits and appropriate referrals for community services.

The key thing to remember here is that both DBH and the Probation Department do everything possible to ensure the individual does not become negatively involved with law enforcement and the Courts system.



How do we make it work?

FSP & FFT services

We engage our participants with two key, best-practice services that seem to do the trick:

Full Service Partnerships (FSP) refers to partnership between DBH & Probation Department and the juvenile and his family through which they plan and decide on treatment and community services, so the juvenile can achieve their indentified goals.

Functional Family Therapy (FFT) is an evidenced based approach for reducing juveniles, who are in need of mental health and/ or alcohol services for co-occurring disorders from becoming involved in the juvenile justice system.



If everything works, we should be able to:

Keep individuals out of jail

Keep individuals out of the hospital

Keep individuals at home with their families

Increase family and community support to
prevent relapse

Encourage wellness, resiliency and recovery



For more information, please contact:

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