

Current Programs

Regional Projects

The Network members in each region select an annual project to advance consumer interests in self-help, public policy and education, cultural competency, employment or networking.

MHSA Client Involvement

We provide training, technical assistance and financial supports for client advocates to attend public meetings as key MHSA stakeholders.

Office for Self-Help

The Self-Help Center provides training and technical assistance on a wide variety of topics, and develops clients as trainers and consultants.

Honoring Diversity

Our Cultural Competency Committee designs and implements an annual project to expand our awareness and our membership to reflect the many racial, ethnic and cultural groups in CA.

CA Memorial Project

The Network, together with Disability Rights CA and People First of CA to restore dignity to the lives of people that lived and died in CA state hospitals and institutions.

Capitol Action Day

Clients voice their priorities at this annual rally, through educational presentations and legislative visits at the State Capitol.

Working Well Together

Upholding consumer values, the Network plays a key role in this collaborative to provide training and technical assistance to counties and community-based organizations on the employment of people in mental health recovery.

NOTHING ABOUT US WITHOUT US!

Client Values

***The California Network
stands for
client empowerment!***

**We support the development & expansion of
services and programs whose practices are:**

Voluntary

Community-based

Holistic

Culturally and Trauma-Competent

Wellness and Recovery

Self-Help and Peer Support

Self-Directed

**Consumer-Driven and
Consumer-Run**

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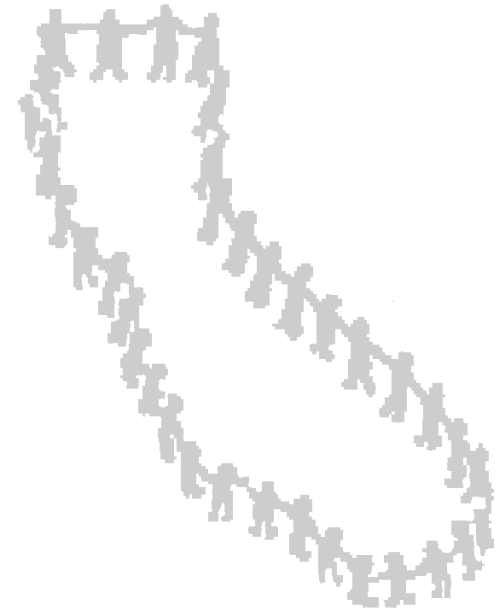
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www.californiaclients.org

CALIFORNIA NETWORK

of

MENTAL HEALTH CLIENTS



**The Statewide Advocacy,
Education and Networking
Organization**

of, by and for

clients/consumers/survivors

Nothing About Us Without Us!

Our Mission

To support and encourage mental health clients to live at the highest level possible while enjoying full civil and human rights.

To empower clients of the mental health system through self-help groups and networking statewide;

To confront stigmatizing attitudes about mental health clients in the public, the media, the mental health system, and within mental health clients themselves;

To provide a strong voice of, by and for mental health clients, to be heard on all issues concerning clients and public policies affecting them in the government, the media and the community;

To promote and instill the rights of clients in and out of treatment situations, with special attention to the right of freedom of choice;

To promote employment of persons who have received mental health services in a range and variety of careers of their choices, including the public mental health system.



Finding Our Voices Training

Who We Are

The CA Network is a statewide, client-owned and run organization whose membership consists of individuals with lived experience in the mental health system and local affiliate groups.

The CA Network represents the voice of mental health clients and is a critical participant and stakeholder in all statewide, regional, and local mental health policy processes. The Network also lends critical support to self-help groups, peer services and client-run organizations and programs throughout the state.

What the Network does for its members:

- Provides a strong voice of, by and for clients in the public mental health system
- Provides education and training on wellness/recovery, self-help, effective advocacy, trauma-informed service, alternatives to hospitalization, client culture, and other topics of interest to clients and our allies
- Promotes learning and networking events (statewide and regional)
- Alerts the community to important mental health news
- Holds annual Forums and Regional Meetings
- Promotes the development of self-help/ consumer-run groups & organizations
- Provides information through the website and written resource materials
- Sponsors delegates to attend OAC and other stakeholder meetings: at the state level
- Supports the development of Regional and Organizational Affiliates