

**Sixth Annual
Older Adults
Mental Health Conference**



The Hidden Faces of Aging

Sponsored by:
Older Adults Strategic Task Force
of
Riverside County
Department of Mental Health

Wednesday October 2, 2002

**Riverside Convention Center
3443 Orange St.
Riverside, CA 92501
(909)787-7950**

Conference Partners

Riverside County Department of Mental Health	Riverside County Department of Public Social Services
Riverside County Office on Aging	American Society on Aging
Loma Linda University School of Social Work	San Bernardino County Department of Behavioral Health
California Institute for Mental Health	Riverside County Department of Mental Health Substance Abuse Division
California Mental Health Advocates for Older Adults	

**Riverside County
Board of Supervisors**

Bob Buster, District I	John Tavaglione, District II
Jim Venable, District III	Roy Wilson, District IV
Tom Mullen, District V	

Riverside County
Department of Mental Health
Program Advancement Unit
Attn: Mary Ellen Williams
P.O. Box 7549
Riverside, CA 92513-7549

HOTEL INFORMATION

Rooms are available at the Mission Inn, located at 3649 Mission Inn Ave., Riverside, California. Call (800) 843-7755 or (909) 784-0300 ext. 850 for room reservations. Room rates are \$84 Single / \$99 Double Occupancy. Attendees must reference the Riverside County Department of Mental Health Group when making reservations. Reservation cut-off date will be **September 1, 2002**. After this date, rooms will be confirmed, subject to availability and full published rates may apply.

REGISTRATION INFORMATION

CONFERENCE REGISTRATIONS

Fees include a Continental Breakfast and Lunch.

Advance Payment	Attendance Only	or	with CE Credits
General Registration	\$89.00	or	\$109.00
Students/ID	\$50.00	or	\$ 70.00
Retired Seniors	\$40.00	or	\$ 60.00

Some Scholarships are available upon approval. **Payment At-the-Door Attendance Only = \$99.00 if space is available or with CE Credit = \$119.00.** Registration form included below. **REGISTRATION DEADLINE IS SEPTEMBER 25, 2002.** Maximum registrants are 300.

CONTINUING EDUCATION

Advance continuing education registration is an additional \$20.00 or at-the-door an additional \$25.00 per participant. This course meets the qualifications for 7.0 hours of continuing Education Credit for MFT's and LCSW's as required by the California Board of Behavioral Sciences, PCE 411. Provider approved by the California Board of Registered Nursing, BRN Provider no. CEP 12790. The substance abuse track of 4 workshops meets the requirement for continuing education hours for CAADAC Substance Abuse Counselors provider approved by CAADAC, Provider Number IN-98-402-0702. **PLEASE NOTE:** This course is currently under review for Mandatory Continuing Education for Psychologists (MCEP) approval. Above is provided by Riverside County Department of Mental Health, P.O. Box 7549 Riverside, CA 92513-7549.

**6TH ANNUAL OLDER ADULT
CONFERENCE REGISTRATION FORM**

Full Name (Please Print): _____
As it will appear on certificate

Discipline _____ **License #** _____

Organization _____

City/Zip _____

Phone/Micro # _____ **Fax #** _____

E-Mail Address _____

All County Employees Must provide the following information:

Co. Employee ID #: _____

Supervisor: _____ **Mail Stop:** _____

Workshop preferences (indicate by workshop letter)

Morning: Session I 1st choice _____ 2nd choice _____

Session II 1st choice _____ 2nd choice _____

Afternoon: Session III 1st choice _____ 2nd choice _____

Session IV 1st choice _____ 2nd choice _____

Amount enclosed _____

Make check or money order payable to: RCDMH

- | | |
|--|---|
| <input type="checkbox"/> ATTENDANCE ONLY | <input type="checkbox"/> CE's = LCSW & MFT, PSYC. |
| <input type="checkbox"/> CEU's = RN | <input type="checkbox"/> CEH's = CAADAC |

You may phone, mail or e-mail your registration to:

Program Advancement Unit
ATTN: Mary Ellen Williams
P.O. Box 7549
Riverside, CA 92513-7549
(909) 358-5865

mewilliams@co.riverside.ca.us

Riv. Co. Employees may use Mail Stop 3825,
or send through GroupWise to Mary Ellen Williams

THE HIDDEN FACES OF AGING

Dear Colleague,

Welcome to the Annual Riverside County Older Adult Mental Health Conference. This is our sixth year of providing this conference as a means of educating the community and spotlighting the mental health issues of older adults.

The theme of this year's conference is the "Hidden Faces of Aging." The Keynote Speaker is Dr. Helen Lavresky, M.D., she is a Geriatric Psychiatrist. She will speak on "The Plight of Older Adults Needing Mental Health Services". We will again have the Director's Roundtable, which will focus upon the Riverside County Older Adult System of Care development.

Four tracts will be offered: Recovery, Addiction, Culture/Spirituality, and Hidden Populations/Issues. We have assembled an impressive group of community leaders, advocates, practitioners, and academicians in mental health as partners to examine mental health issues and provide quality mental health education to the community. The department continues to focus on the development of a creative older adult mental health system of care utilizing interdisciplinary service delivery.

This conference is part of our continued effort to work towards the common goal of educating the community and providing effective and humane treatment for all older adults in the mental health system.

Please join us on October 2, 2002, as we work together to service older adults and provide quality mental health services.

J. Ryan, Director
Department of Mental Health

CONCONFERENCE COMMITTEE

<i>Barbara Mitchell, Chair</i>		
<i>Retha Burrow</i>	<i>Bryan Casier</i>	<i>Idonia Davis</i>
<i>Ed Diksa</i>	<i>Christina Entz</i>	<i>Melinda Face</i>
<i>David Fraser</i>	<i>Carolyn Havert</i>	<i>Victoria Jackson</i>
<i>Marilyn Milligan</i>	<i>Elizabeth Murphy</i>	<i>Michael Oprendek</i>
<i>Michele Rainer</i>	<i>Mary Beth Stoneman</i>	<i>Roberta Wertenberg</i>
<i>Ed Walsh</i>		

CONFERENCE

7:30 - 8:00 A.M. REGISTRATION AND CONTINENTAL BREAKFAST

8:00 - 9:15 A.M. GENERAL SESSION

Welcome and Introductions:
John J. Ryan, Director,
Riverside County Department of Mental Health



KEYNOTE ADDRESS

"The Plight of Older Adults Needing Mental Health Services"



Dr. Helen Lavresky, M.D., Geriatric Psychiatrist and Asst. Professor, UCLA Neuropsychiatry Institute & Hospital, Department of Psychiatry and Behavioral Sciences, Geriatric Education and Research. She is also an active member of the American Association of Geriatric Psychiatry and the Geriatric Mental Health Foundation. She will address issues and barriers in meeting the mental health needs of our diverse older population including treatment and prevention issues.

9:15 - 9:25 A.M. BREAK

9:25 - 10:40 A.M. FIRST MORNING
CONCURRENT WORKSHOP

(Choose One of the Four)

- A. *The Use of Solution Focused Interviewing Model with Older Adults on the Road to Recovery***
Michael Tennes, Ph.D., Clinical Supervisor, San Bernardino County, Arrowhead Regional Medical Center Behavioral Health Inpatient Facility
- B. *The ABC's of Addiction: Attitudes, Behavior and Characteristics of the Substance Abusing Older Adult***
(Must attend B,F, J, and N substance abuse track in order to obtain CADAC CEH's)
Patrick Arbore, Ed.D., Program Director, Center for Elderly Suicide Prevention and Grief Related Services, Goldman Institute on Aging
- C. *Diversity = Dignity: Promoting Culturally Appropriate Care for Older Adults***
Victoria Jackson, LCSW, Assistant Professor, Community Social Work Education Coordinator, Department of Social Work, Loma Linda University
- D. *Ethical Issues in End-of-Life Care***
David M. Adams, Ph.D., M.L.S., Clinical Ethicist, Institute for Ethics and Public Policy, Department of Philosophy, Cal Poly Pomona

10:40 - 10:45 A.M. CHANGE SESSION

10:45 - 12:00 P.M. SECOND MORNING
CONCURRENT WORKSHOP

(Choose One of the Four)

- E. *Schizophrenia in Older Adults: Recovery and Management within the Community***
William Lawrence, MD, San Bernardino County, Department of Behavioral Health
- F. *The ABC's of Addiction: Attitudes, Behavior and Characteristics of the Substance Abusing Older Adult***
(Continued from morning session)
- G. *Spirituality in Treatment of the Aging Population***
James F. Dyer, Jr., LCSW, Associate Professor, Community Social Work Education Coordinator, Department of Social Work, Loma Linda University
Victoria Jackson, LCSW, Assistant Professor, Community Social Work Education Coordinator, Department of Social Work, Loma Linda University
- H. *Malnutrition: The Unseen Epidemic among Older Adults***
Murline "Beth" McCalla, RD, Riverside County Community Health Agency, Department of Health, Nutrition Services

12:00 - 1:00 P.M. BUFFET LUNCH

1:00 - 2:00 P.M. DIRECTORS' ROUNDTABLE

Facilitator: John Ryan, Director, Riverside County Department of Mental Health

Panelists: Stephen Mayberg Ph.D., Director, California State Department of Mental Health (CSDMH), Invited
Mike Oprendek, LCSW, MHSM, Riverside County DMH
Barbara Mitchell, LCSW, MHSS, Riverside County DMH
Retha Burrows, RN, MA, MHSS, Riverside County DMH
Bryan Casier, LCSW, MHSS, Riverside County DMH

The goal of the Roundtable is to facilitate discussion of the Riverside County Department of Mental Health's Older Adult System of Care Model.

2:00 - 2:10 P.M. BREAK

2:10 - 3:30 FIRST AFTERNOON
CONCURRENT WORKSHOP

(Choose One of the Four)

- I. *Older Adults Living with Mood Disorders: Recovery and Management***
William Lawrence, MD, San Bernardino County, Department of Behavioral Health
- J. *The ABC's of Addiction: Attitudes, Behavior and Characteristics of the Substance Abusing Older Adult***
(Continued from morning session)
- K. *Utilizing Cultural Dynamics in Working with Asian, Latino and African American Families who are Caregivers***
Cynthia Curbow, LCSW, Clinic Supervisor, San Bernardino County, Department of Behavioral Health, Age Wise Program
- L. *Gay and Lesbian Issues in the Elderly***
Richard Gollance, MSW, MSG, Century City Hospital Reflections and Geriatric Day Hospital, Los Angeles

3:30 - 3:35 P.M. CHANGE SESSION

3:35 - 4:55 P.M. SECOND AFTERNOON
CONCURRENT WORKSHOP

(Choose One of the Four)

- M. *Age Wise Program: A Model Program for Older Adults in Recovery Utilizing Peer to Peer Support***
Cynthia Curbow, LCSW, Clinic Supervisor, San Bernardino County, Department of Behavioral Health, Age Wise Program
- N. *The ABC's of Addiction: Attitudes, Behavior and Characteristics of the Substance Abusing Older Adult***
(Continued from afternoon session) - An Intervention Session
- O. *Creating Client Centered Service Plans: Incorporating Culture and Recovery Concepts with Older Adults***
Ed Diksa, ScD., Director of Training, California Institute of Mental Health
- P. *When Does Influence Become Undue?***
Neal Adams, M.D., MPH Adult System of Care Medical Director, California Department of Mental Health
- P. *When Does Influence Become Undue?***
David Naimark, MD, Department of Psychiatry, University of California, San Diego, Department of Health Services, County of San Diego and Division of Mental Health, Scripps Clinic, San Diego

4:55 - 5:00 P.M. EVALUATIONS AND CEU SIGN-OUTS